

VIRTUAL ONE-DAY **CONFERENCE**

Sports Injury management



This sports injury course covers types of injuries from around the body, including their cause and treatment. Attendees will gain a thorough understanding of how to prevent and minimise injuries that occur during sports pursuits.

Audience

This training conference is designed for sports staff, support staff and medical staff who are responsible for managing sports injuries in the school or club setting.

Cost

- Member rate: £185
- Non-member rate: £370

[CLICK HERE FOR MORE **INFORMATION** AND TO **BOOK**>](#)

Sports Injury management

Wednesday October 13, 2021

SESSION 1	09:00 – 09:45	Welcome and top 10 sports injuries <ul style="list-style-type: none">Jane Graham, RSCN, Director, Hieda and Health & Wellbeing Director, BSA Group
	09:45 – 10:00	BREAK

SESSION 2	10:00 – 11:00	Acute musculoskeletal assessment - dealing with common injuries well Chair: Jane Graham, RSCN, Director, Hieda and Health & Wellbeing Director, BSA Group <ul style="list-style-type: none">Dr Alex Maxwell, GP, School Doctor and Lifestyle Medic
	11:00 – 11:30	BREAK

SESSION 3	11:30 – 12:30	Limb injuries <ul style="list-style-type: none">Liz Robson, Owner and Physiotherapist, R&J Healthcare
	12:30 – 13:15	LUNCH

SESSION 4	13:15 – 14:15	Head and neck injuries <ul style="list-style-type: none">Dr Sam Barke, Head of Sports Medicine, Meliora Medical Group
	14:15 – 14:30	BREAK

SESSION 5	14:30 – 15:30	Strapping and taping Chair: Jane Graham, RSCN, Director, Hieda and Health & Wellbeing Director, BSA Group <ul style="list-style-type: none">David Silver, BSc MSc MCSP, Chartered Physiotherapist, The Forge Clinic
	15:30 – 15:45	BREAK

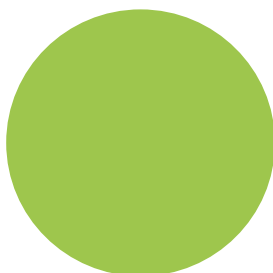
SESSION 6	15:45 – 16:30	Sports first aid Chair: Jane Graham, RSCN, Director, Hieda and Health & Wellbeing Director, BSA Group
		CONFERENCE CLOSE All sessions recorded



Jane Graham
Director, Hieda and Health & Wellbeing Director, BSA Group



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GP, School Doctor and Lifestyle Medic



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